

PMP® Training & Partnership Support

For Universities, Colleges, and Organizations

Increase student success and strengthen your PMP program, without adding workload to your faculty or instructional team

What We Do

Karma Coaching Insights partners with universities, colleges, and organizations to deliver modern, evidence-based PMP preparation and leadership development.

Our goal: higher confidence, stronger comprehension, and improved PMP exam success, without adding workload to faculty or training teams.



Trusted by institutions across Canada and the US — helping 60+ learners achieve higher confidence, stronger comprehension, and improved PMP exam readiness.

Why Partners Trust Karma Coaching Insights

Empowers diverse learners, builds confidence, and reduces study overwhelm



Human-Centered, High-Performance Learning

Evidence-based coaching that supports diverse learning needs, builds confidence, and strengthens comprehension.



Proven, Measurable Results

60+ PMP candidates supported with higher confidence, stronger comprehension, and improved exam performance.



World-Class Expertise, Backed by Research

Led by PMP®, PMI-ACP®, and PhD Candidate specializing in e-Research & Technology Enhanced Learning, with a focus on AI-enhanced project management education.



Meet Kristen

Kristen Karmazinuk, PMP®, PMI-ACP®
PhD Candidate, Lancaster University (UK)

Kristen blends project leadership, instructional design, coaching, and research-backed methods to help institutions and organizations strengthen their PMP program delivery and learner outcomes.

Trusted by learners across Canada, and the US for training that blends research, real-world PM expertise, and emotional intelligence — the combination today's learners need most.

**EXPLORE A
PARTNERSHIP**

Our Services

Modern PMP preparation designed to integrate seamlessly into degree programs, certificates, and organizational training initiatives.

Cohort Coaching (Group)

- Weekly / bi-weekly live sessions
- Study plans + accountability
- Practice exam analytics
- Concept reviews
- Group Q&A
- Resource library access

1:1 Coaching (Individual)

- Confidence & mindset support
- Exam-logic & pattern training
- Personalized strategy
- Full practice exam review
- Time-management coaching

PMP Exam Preparation Workshops

- Updated exam outline
- Agile + predictive breakdown
- Adult-learning frameworks
- Mindset + stress tools
- Guided practice questions
- Real-world PM examples

Faculty & Program Support

- Guest instruction
- Instructor-ready materials
- Mock exams + analytics
- Curriculum enhancement
- ECO alignment

Curriculum Review & Optimization

- Full curriculum audit
- LMS-ready updates
- Assignment redesign
- Learning flow improvements
- Strengths + gaps analysis

PM Career & Leadership Skills

- PM interview prep
- Portfolio + résumé building
- Tools: ClickUp, Smartsheet, Trello
- Leadership micro-skills
- Decision-making scenarios

